

WOMEN'S AIKIDO SEMINAR

Saturday April 8, 2017

all day - all levels - all dojos - join us!



Instructors

Linda Holiday

6th dan, Aikido of Santa Cruz

Penny Sablove

4th dan, Heart of SF Aikido

"...And then O-Sensei thanked—very sincerely and warmly—the women for coming so far to study Aikido. He said he hoped they would always continue to study Aikido...." – Mary Heiny Sensei



Time: 9:15 am - 4:45 pm

Fee: \$50 (includes lunch)

**Pre-registration required
by March 31**

aikidosantacruz.org/fees.html

Aikido of Santa Cruz

www.aikidosantacruz.org

info@aikidosantacruz.org

**306 Mission Street
Santa Cruz, California 95060
831-423-8326**

*a nonprofit, educational organization
serving the community since 1982*